

We claim:

1. A pet food with anti-aging properties, the food comprising
  - a) an effective amount of a suitable antioxidant;
  - b) an effective amount of a carnitine;
  - c) carbohydrate;
  - d) protein;
  - e) fat; and
  - f) fiber.
- 5 10 2. The pet food of claim 1 wherein the carnitine is ALC and the effective amount is about 0.1 grams to 3 grams.
3. The pet food of claim 1 in which the antioxidant is R- $\alpha$ -lipoic acid in the amount of 0.1 grams to 1.5 grams.
4. The pet food of claim 1, further comprising coenzyme Q in the amount of at least 15 about 1 mg/day.
5. The pet food of claim 1, further comprising creatine in the amount of at least about 0.2 grams/day.
6. A pet treat with anti-aging properties, the treat comprising
  - a) an effective amount of a suitable antioxidant;
  - b) an effective amount of a carnitine;
  - c) at least one energy source; and
  - d) flavors.
- 20 7. The pet treat of claim 6 wherein the carnitine is ALC and the effective amount is about 0.1 grams to 3 grams.
- 25 8. The pet treat of claim 6 in which the antioxidant is R- $\alpha$ -lipoic acid in the amount of about 0.1 grams to 1.5 grams.
9. The pet treat of claim 6, further comprising coenzyme Q in the amount of at least about 1 mg/day.
10. The pet treat of claim 6, further comprising creatine in the amount of at least 30 about 0.2 grams/day.
11. A pet supplement with anti-aging properties, the supplement comprising

- a) an effective amount of a suitable antioxidant; and
- b) an effective amount of a carnitine.

12. The supplement of claim 11 wherein the carnitine is ALC and the effective amount is about 0.1 grams to 3 grams.

5 13. The supplement of claim 11 in which the antioxidant is R- $\alpha$ -lipoic acid in the amount of 0.1 grams to 1.5 grams.

14. The supplement of claim 11, further comprising coenzyme Q in the amount of at least about 1 mg/day.

15. The supplement of claim 11, further comprising creatine in the amount of at least  
10 about 0.2 grams/day.